



START TIME: 11:00 am, MASS START

Pre-registration is obligatory: http://futapest.hu/kiiras/parad_2014en.htm

Entries close: 16 July 2014 24:00

Registration limits: Short distance: 160 persons, Long distance: 240 persons

Entry fees: adults: 1600 HUF
students/U20: 800 HUF (1 Euro ≈ 300 HUF)

Bank transfer information:

Account bank: ERSTE BANK
SWIFT: GIBAHUHB
Account holder: FUTAPEST KLUB
Account number (IBAN): HU55 1160 0006 0000 0000 6004 3782
Memo field: name, address, year of birth, race

Further information:

Web: www.futapest.hu, www.mahfusz.hu
Email: bizottsag@mahfusz.hu, futapestklub@gmail.com
Phone: Antal Berendi: +36 30 466 5080, Tamás Koren: +36 20 824 3698

Timetable Sunday, 20 July 2014

9:00 - 10:30 registration in Parádfürdő (47.9181°, 20.0552°) for the long race,
registration in Mátraháza (47.8725°, 19.9848°) for the short race

11:00 Start of race
Long race: Parádfürdő, Mária-képoszlop (47.9151°, 20.0588°)
Short race: Mátraháza, Veronika-rét (47.8725°, 19.9848°)

14:00 award ceremony (Kékestető 47.8733°, 20.0081°)

Accommodation: <http://www.parad.hu/szallas.php>

International Mountain Running Race

Parádfürdő - Kékestető, uphill

VI. Hungarian Mountain Running Championship

Date: Sunday, 20 July 2014, 11:00 a.m.

Location: Parádfürdő (47.9181°, 20.0552°), Mátraháza (47.8725°, 19.9848°), Hungary

Finish: Kékestető, the highest point of Hungary, 1014 m

Event organiser: Hungarian Athletics Association, Futapest Klub

National Championship races: (only for Hungarian licenced runners)

Distance	Category
3.4 km 290 m ascent, 45 m descent	U20 women (15 - 19 year)
10.1 km 870 m ascent, 95 m descent	U20 men (15 - 19)
	Senior men (20 - 39)
	Masters men (40-49, 50-59, 60+)
	Senior women (20 - 39)
	Masters women (40-49, 50-59, 60+)

Open races:

3.4 km 290 m ascent 45 m descent	... - 10 years boys, girls
	11 - 14 years boys, girls
	15 - 19 years boys, girls
	20 - 29 years men, women
	30 - 39 years men, women
	40 - 49 years men, women
	50 - 59 years men, women
	60 - 69 years men, women
	70+ ... years men, women

10.1 km 870 m ascent 95 m descent	... - 19 years boys, girls
	20 - 29 years men, women
	30 - 39 years men, women
	40 - 49 years men, women
	50 - 59 years men, women
	60 - 69 years men, women
	70+ ... years men, women



ALAPITVA: 1980

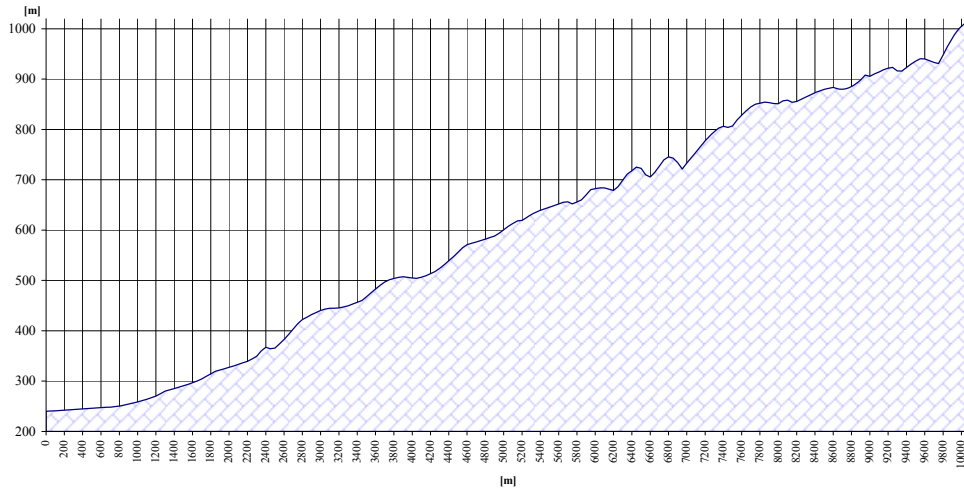


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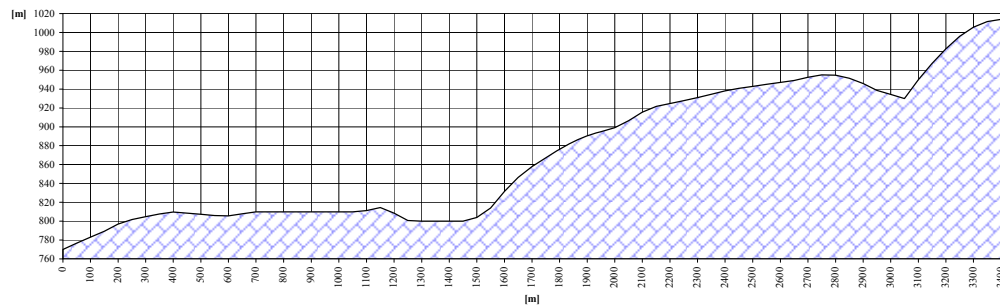




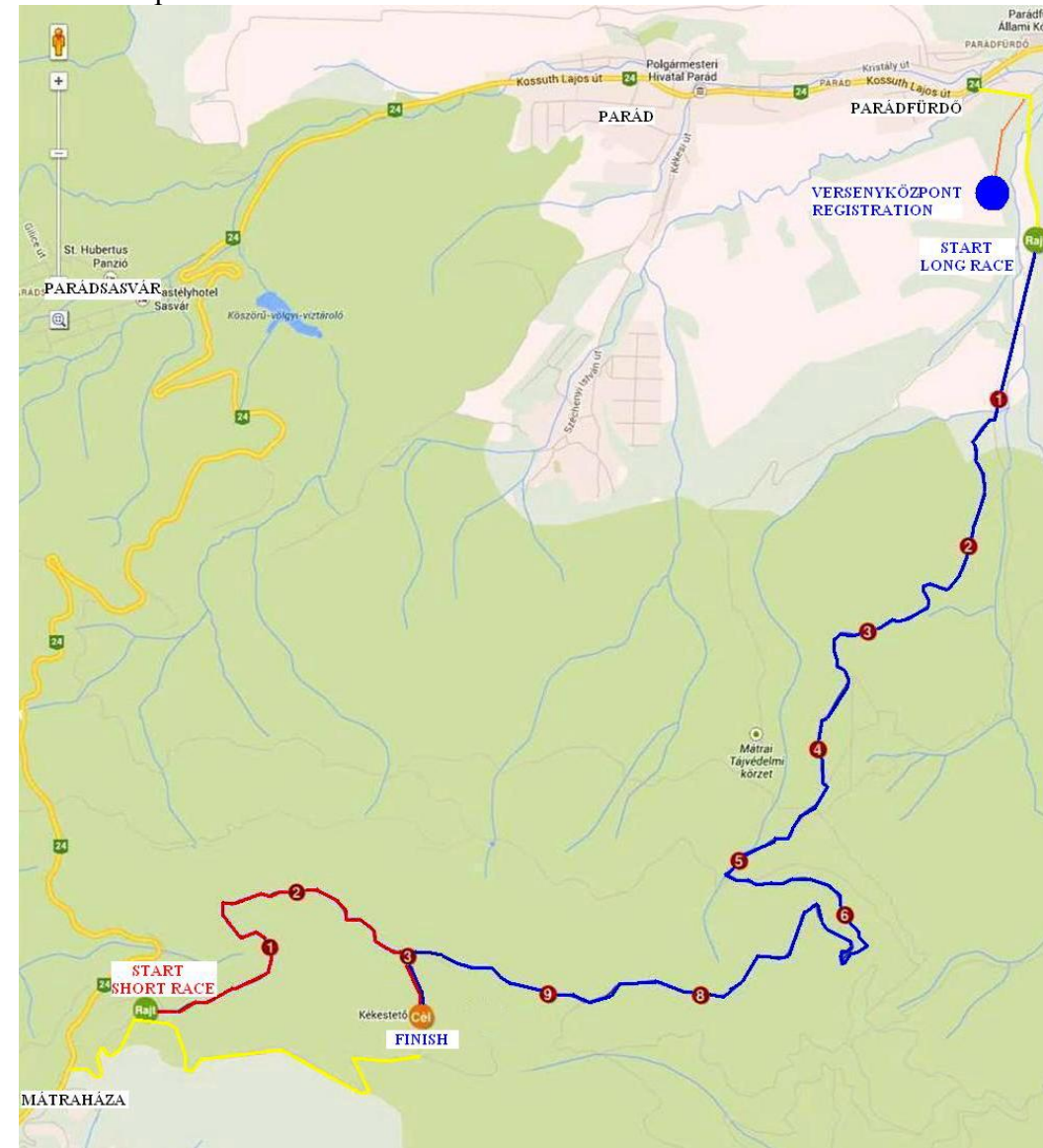
Elevation profile of long race



Elevation profile of short race



Course map:



ALAPITVA: 1980



ALAPITVA: 1980

